

EXERCISE 1 – Finding Humor in Your Unfunny Topics Using the Contrary Point of View

Topic:

<p><u>Initial Norm statements:</u></p> <p>While keeping negative emotions in mind, write down brief <u>“Accepted Norm”</u> statements based on your selected topic</p>	<p><u>Contrary Point of View Brainstorming Using Template Questions:</u></p> <p>Apply the template questions below to the “Norm” Statement to the left</p>	<p><u>Contrary Point of View Humor</u></p> <p>This is where the humor is exposed.</p> <p>1) Set-Up:</p> <ul style="list-style-type: none"> a. Concise b. Specific <p>2) Punchline:</p> <ul style="list-style-type: none"> a. Concise b. Example c. Act Out d. Punch-word at end
<p><u>Norm Statement #1:</u></p>	<p><u>Contrary Point of View Brainstorming:</u></p> <ul style="list-style-type: none"> • What are the positives? • What if this was a good thing? • What if the opposite was true? • What if this was applied to another person in another place. 	<p><u>Set-Up:</u></p> <p><u>Punchline</u></p>
<p><u>Norm Statement #2:</u></p>	<p><u>Contrary Point of View Brainstorming:</u></p> <ul style="list-style-type: none"> • What are the positives? • What if this was a good thing? • What if the opposite was true? • What if this was applied to another person in another place. 	<p><u>Set-Up:</u></p> <p><u>Punchline</u></p>